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Interview with Peggy Phoenix Dubro:

"The Lattice will open the door for more people to consider this energy work"

This new focal point includes every aspect of the EMF work and marks the beginning of a new cycle.

The Lattice, Reframing your Reality. That's the new title given to the entire body of work originated by Peggy Phoenix Dubro. The new concept includes the EMF Balancing Technique, the Universal Calibration Lattice (UCL), the Universal Relationship Lattice (URL or Third Lattice), the sacred templates of light, and everything that is connected to the EMF work.

The new concept is supported by a DVD with beautiful animations of the UCL and the Templates, and some changes in the say alouds of what will now be called the Introductory Session of the EMF Balancing Technique (formerly the Mini Session, see frame on the right).

"To me, The Lattice really transmits what this work is about", Peggy says. "There is a great interest in religion and spirituality at this time by people from all different cultures. It is non denominational, and adds an element that is to honor one another regardless of the belief. I also think this will open the doors for more people to consider the possibility of energy work."

Is this a new cycle in the EMF work?

"Yes. We have just finished a 12-year cycle, a building of a very strong foundation. Wherever we found that this foundation needed to be made stronger, we did so. And we are having more and more people being involved with us who are able to share their abilities to help build this work even more."



"Saying that everything's going to be all right is not the same as rolling up your sleeves, wrapping your arms around life and going for it", Peggy says.

"As the EMF Balancing Technique grows and individual lattices are balanced around the world, those who come for the session will feel the strength"

of humanity and that seems to be feeding all of us as we meet with practitioners and teachers around the world. The greater that understanding grows in us, the greater the strength we are seeing in this work."

Have the sessions also evolved in these 12 years?

"Yes. There is a collective consciousness, a beautiful third lattice of this work. As it grows and the individual lattices are balanced around the world, those who come for the session will feel the strength."

Do you feel that the EMF demands our own growth as we are involved in this energy?

"An EMF session facilitates growth in everyone who experiences it, and yes this can be demanding but it holds the potential to give so much more in return. If we are looking to be able to strengthen ourselves to manifest the wholeness of who we are, this is a huge task. Personally I like this request, and if you ask Stephen you know the answer: the process of growth is not for the meek of heart. Saying that everything's going to be all right is not the same as rolling up your sleeves, wrapping your arms around life and going for it."

"This work will say yes, you are an evolving human being, and here's the school to develop that evolution, so you, YOU, not me, not anyone else, may cocreate your most enlightened life. That means taking responsibility, that's the big step, people embracing responsibility."

What was it like for you when you first began? What changes can you now feel from those 12 years?

"That was a challenge on its own, and I was working with what is now considered as new energy dynamics and I didn't realize what they were. As I changed and grew, and more people became involved, the work has been enriched by all those who said yes."

GROWING TOGETHER

Peggy remembers that when she met Stephen Dubro in 1994, "the work became stronger, in great integrity and great stability. Practitioners and teachers have also made it stronger. I found out that as my own growth progressed, as I learned what everyone was teaching me, the work also grew stronger. "We grow together. It is a constant figure eight; it is fascinating and beautiful. We really understand the energetic concept of family

The DVD

During the animation, "I describe what people are viewing with the most carefully chosen words I have ever worked on", Peggy says. "People will like to watch the animation of the UCL again and again, as the information turns into a meditation".

The animation is about 15 minutes long, considering the fibers and the templates. Peggy adds: "then, I appear for few minutes just to present the Introductory Energy Session, what we used to call the mini session. Shana performs the Introductory Session while I give the instructions to the viewer. Ilan is the happy recipient."

"The DVD finishes with: 'I am very happy we live in a time when there isn't just one way, one path... I talk about how wonderful it is that there is such a choice and that I hope that people will also choose this work.'"

New Say-Alouds

In the new DVD, the opening statement of the Introductory Session is: **"From the unlimited potential within me to the unlimited potential within you and in honor of our unique beliefs, let us begin"**.

Peggy explains the reason: "I want the say-alouds to reflect what I see that it is going to serve us even better". From now on, practitioners may use the new statement when they are giving the Introductory Session.

Later this year, changes to the say alouds of Phases I-IV will also be announced.

Phases IX-XII

These phases, which will be ready next year, "have something to do with the resonance that will calibrate from the very core of our being", Peggy says. "And when that happens, I believe it is going to set up an energetic reaction through our field, and I expect it to be very powerful and the fibers that are closer to our body that we are working with in phases V-VIII will help to stabilize the process".